

The Sugar Land Fire Department Physical Performance Test (PPT)

There are two phases to this test. For the first phase, the firefighter must make a building entry in a high-rise advancing hose and tools. You will then be given an optional 'rehab' time to take as much time as you require before proceeding to the second phase of the scenario. Your rehab time is included in your overall time. At the second phase you must set up and advance a hose line and rescue a victim from a dwelling.

For phase 1, exit the truck with full protective gear and SCBA without the regulator plugged into the mask (time starts when the door opens), remove 14 foot ladder, lower it to the ground, take one step back and put back on the truck. Retrieve hi rise pack and pick up a 50-foot roll of 2 ½ hose and carry each, one at a time, to a 35-foot extension ladder 15 feet away. Place hi rise pack and rolled hose at the wall near the ladder. Tilt the ladder away from the wall. Raise the ladder to climbing position to the second floor of the garage. Tie halyard with clove hitch, then climb ladder onto the second floor. Turn and go 20 feet to stairs, and don the SCBA regulator and breathe from the device. Go up to seventh floor, walk briskly 150 feet then return to second floor via the stairs. Lift and lower the hose in a controlled fashion. Proceed to ground level via stairs to Keiser sled device and hit I beam from one end to the other.

After phase 1 you will be allowed to take as much rest as you need after you proceed to phase 2. Rest time is counted as part of your overall time.

For phase 2, exit the truck with full protective gear and SCBA (not breathing from the SCBA). Drag out 50 feet of 2-½" hose line to traffic cone. Walk briskly for 200 feet to charged 1 ¾" hose line. Advance that line 100 feet to traffic cone. Walk briskly back to truck and remove PPV fan and place it on the ground. Remove the salvage cover and chainsaw. Carry the salvage cover and chain saw 50 feet to traffic cone and attic simulator. Charge your SCBA and don the regulator and breath from the device. Enter the simulator and crawl 12 feet then crawl and additional 8 feet outside the simulator. Walk to dummy that is 10 feet away. Drag the dummy in a safe manner 60 feet.

Remember this is a timed test. You will need to perform all events and rest period successfully within 15:51.99. Consider this when taking your rest period. There is only one full SCBA bottled used for both phase 1 & 2. Running out of air constitutes failure.

Procedural tasks for phase 1

1. On the command "GO" the firefighter safely exits his/her truck.



2. The firefighter removes a 14 ft. roof ladder lowers it to the ground, takes one step back and places it back on the truck.



3. Firefighter retrieves the hi-rise pack and picks up a 50' roll of 2 ½" hose and carries each, one at a time to the wall near the 35 ft extension ladder 15 feet away.



4. Firefighter places the hi-rise pack and rolled hose at the base of 35 ft extension ladder. The firefighter will raise the ladder vertically and places the ladder in a climbing position to the second floor of a parking garage. Firefighter will then tie the halyard off with a clove-hitch **(failure to tie this not properly will constitute failure)**. Firefighter will climb the ladder up to and onto the second floor of the garage. (An assistant helps with footing the ladder.). Another assistant will be on the 2nd landing to hold the ladder in place during the climb and to monitor the hose evolution.)



5. Firefighter turns and goes 20 feet to stairs. Will don the SCBA regulator and breathe from the device before going to the seventh floor. Walk briskly 150 feet. Return to the second floor down the stairway.



6. Firefighter will lift and lower the hose all the way to the second floor landing (20 feet) using hand over hand method and then will lower it in a controlled fashion to the ground (**with hands extended over the edge opening, raising & lowering the hose bundle – not doing so will constitute a failure**).



7. Firefighter proceeds to the ground level via stairs to the Keiser Sled device and will hit the I-Beam from one end to the other using an 8-pound dead blow hammer.



8. Allow the firefighter to walk to the start of the second phase without the regulator donned.



Allow a rest period for recovery

Procedural tasks for phase 2

1. The firefighter safely exits his/her truck.



2. Firefighter drags out 50 ft. of 2-½” hose line to marked point by traffic cone. Hose is flat loaded on the rear of an apparatus (**laying the nozzle down to the ground in a safe manner**).



3. Firefighter walks 200 ft. to a charged 1 ¾” hose line.



4. The 1 ¾" line is charged and the firefighter advances 100 feet to traffic cone (**laying the nozzle down to the ground in a safe manner**).



5. Firefighter walks back to truck (100 ft) and removes the PPV fan (weight of 60 lbs.) and places it on the ground. Remove the salvage cover and chain saw.



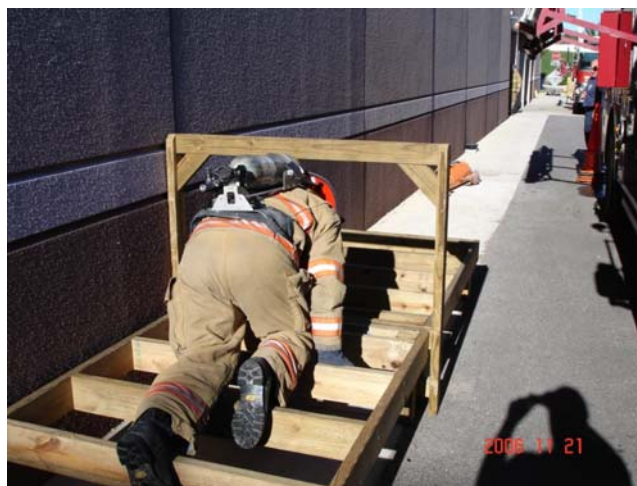
6. Firefighter carries the salvage cover and chain saw 50 ft to traffic cone and attic simulator.



7. Firefighter will charge his/her SCBA and don the regulator, breathing from the device.



8. Firefighter enters attic simulator and crawls 12 feet then an additional 8 feet outside the simulator.



9. Firefighter walks 10 feet to 185 lb. dummy.



10. Firefighter drags dummy in a safe manner 60 ft.



Dragging the dummy 60 ft. completes the PPT. At anytime the candidate fails an absolute, he/she will be removed from the course and given a failure. If the candidate goes beyond 15:51.99 in time on the course, the candidate will be removed from the course and given a failure.